

Outdoor Activities First Aid



Enjoyable, effective training for remote locations



"Our innovation creates your success!"

OUTDOOR ACTIVITIES FIRST AID COURSE



Our Outdoor Activities First Aid will teach you both basic and advanced first aid skills and then gives you the confidence to apply them in outdoor environments where help may be seriously delayed. Our students tell us that we run probably the most comprehensive, effective, and enjoyable first aid course in the UK and return again and again to renew!

Our course was designed by postgraduate adult educationalists and uses the latest teaching methods to ensure that everyone learns easily. Many other courses concentrate on anatomy and physiology, with very little hands on practice and have a stressful exam at the end. Instead, our course develops practical skills and uses relevant scenarios to build confidence, which is probably the most important aspect of first aid. Further we don't believe in exams - they cause unnecessary stress, hindering learning. Instead we examine our course by continuous assessment.

Your instructor, Stuart Marshall, is a qualified adult teacher and Emergency Medical Technician, with over 15 years experience in teaching first aid and outdoor activities. Many other first aid instructors are trained in just one weekend.

Why take an inappropriate general first aid course when you could take a course tailored to your needs.

COMPLETING THE COURSE

To successfully complete the course a student must attend all of the training sessions and demonstrate competence in all of the essential skills.

On completion of the course all students receive the following:-

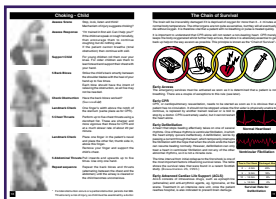
- ⊕ comprehensive life support manual
- ⊕ a wall certificate

The course is valid for three years, before which a one day refresher course should be completed.



COURSE CONTENTS:-

- ⊕ introduction
- ⊕ mountain rescue, mountain safety & survival
- ⊕ scene assessment, communication & delegation
- ⊕ safety & hygiene, communicable diseases (eg. HIV)
- ⊕ primary survey-trauma/non-trauma (recovery postn./imobilisation)
- ⊕ the "chain of survival" - relevance & application of CPR in the hills
- ⊕ rescue breathing & CPR
- ⊕ choking
- ⊕ first aid kits for work and the mountain environment
- ⊕ control of bleeding, serious bleeding in the hills and pressure points
- ⊕ shock - types, treatment and importance when help is delayed
- ⊕ recognising and treating illness in the outdoor environment
- ⊕ recognising and treating injuries in the outdoor environment
- ⊕ practical sessions on spinal immobilisation, splinting, moving patients
- ⊕ environmental problems: heat, cold, altitude
- ⊕ reporting of accidents at work and in the hills



THE MARLIN DIFFERENCE:-

Positive, Confident Students

- ⊕ Comprehensive, detailed, computer-based multimedia presentation, including short video segments to maintain interest
- ⊕ Plenty of skills practice and positive coaching. Everyone works in small groups and no one has to perform in front of the whole class.
- ⊕ Continuous assessment - no exams.
- ⊕ 100% pass rate*

Excellent Value for Money

- ⊕ Comprehensive materials provided, including a full-colour manual and certificate.
- ⊕ No-quibble, money back guarantee.

High Quality Learning

- ⊕ Educationally sound and taught by professional teachers who are also emergency medical technicians.
- ⊕ Course only ever taught by experienced outdoor activity instructors.

Fully Recognised

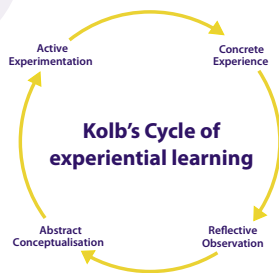
- ⊕ The only course to be recognised by all of the following: Adventure Activities Licensing Authority, BMC/MLTB, Moor & Fell Walking, CCPR, BCU, BHPA, NCA, PADI and the RYA.
- ⊕ Meets the recommendations laid down by the HSE for "Appointed Persons in the Workplace".
- ⊕ Follows the latest UK Resuscitation Council and Ambulance service guidelines.

MARLIN USES – "ACTIVE LEARNING"

"Active learning" involves every student taking an active part in their own learning. There is no one sitting at the back falling asleep in our courses!

"Active Learning" includes:-

- ⊕ experiential learning
- ⊕ seeing, hearing & doing
- ⊕ multimedia
- ⊕ cooperative practice
- ⊕ positive reinforcement
- ⊕ low-stress
- ⊕ fun



MARLIN'S GUARANTEE

Unique, no-quibble 100% money back guarantee.

Part 1:-

"If you are not happy with the course by the end of the first session, then simply return your materials in a saleable condition for a full refund."

Part 2:-

"If you take an active part in the course, but do not pass you will receive a full refund."

* At time of going to press!

COURSE DETAILS

Who would benefit:-

- ⊕ Anyone who might need to perform first aid on adults and children but especially those who are away from immediate medical back up, eg:- climbers, mountaineers, hill walkers, cavers, paragliders, canoeists, divers & sailors etc.

Length:-

- ⊕ 18 hours approx (usually a weekend)

Date:

- ⊕ Courses anywhere in the UK at a date and time to suit you!

Cost:

- ⊕ £975 for any number up to 15
- ⊕ Travelling expenses are applicable on courses outside of the Midlands, please call for a quotation.

BOOKING DETAILS

To book your course please call Marlin on:

0845-226 7785 or 07973-414663

STUDENT COMMENTS:-

"I liked the practice and scenarios."

"A well run course, very user friendly."

"Excellent tutor."

"Very well structured course."

"The best first aid course I have done."

UNIQUE SERVICE -KEEP UPDATED FOR FREE

Many students often express concern that they cannot keep updated in first aid until their next course in three years time. With Marlin you can now receive occasional emails containing details of changes in first aid standards, etc.

Subscribe on the course or send an email to firstaidupdate@marlin-net.co.uk.

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